



Emotional Freedom Techniques

EFT FOR WEIGHT LOSS & CRAVINGS

EFT IS SIMPLE TO LEARN & EASY TO USE

Meridian Tapping has gained World-wide Attention

WEEKLY EFT SUPPORT GROUP - GET RAPID RESULTS

LOSE WEIGHT EASILY! - EFT EFFECTIVELY SUPPORTS WEIGHT LOSS

- Change your eating habits - **EFT can transform failure into success!**
- Releasing **Stress & Weight Issues** – Experience a happier self-image now!
- EFT reduces negative self-talk & **breaks emotional bonds** to comfort foods
- EFT **kills cravings** – get freedom from ‘comfort eating’!
- EFT can help motivate you & **keep your focus on Losing Weight**
- EFT works as a quick ‘**reset button**’ – change your energy & attitude!

Join our EFT Weight Loss Challenge, and see Rapid changes!

Venue: **Thornccliffe Community Centre, (Boardroom)**
5600 Centre Street NW. (from Deerfoot - West on McKnight Blvd. & North on Centre St.)

Time: **7:00 PM – 8:30 PM**

Beginning: **JAN. 10, 2011 – then EVERY TUESDAY EVENING!**

Cost: **\$25.00** *Call to Pre-pay for three weeks – and get the fourth week FREE!*



www.EFTinCalgary.com

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