



## Emotional Freedom Techniques

### FREE Introduction to EFT Evening

EFT IS SIMPLE TO LEARN & EASY TO USE

Meridian Tapping has gained World-wide Attention!

## EFT GETS YOU RAPID RESULTS

### STRESS, PAIN & WEIGHT LOSS - HOW TO USE EFT EFFECTIVELY!

- Feel your **Stress/Anxiety** letting go – simply tapping with your fingertips!
- EFT releases or reduces **chronic Pain** - **both physical & emotional**
- Kills cravings – **Lose Weight/Quit Smoking** - change habitual behaviours
- EFT works as a quick '**reset button**' – change your energy & attitude!
- EFT helps you **break through limitations** of your comfort zones
- **Neutralize unhelpful thoughts** & painful memories with EFT
- Become more effective & **feel happier** in your relationships & career
- Learn how EFT helps you **improve your health, wealth & personal growth**

### Learning & Using EFT can change your life!

Venue: **Thornccliffe Community Centre, 5600 Centre Street NW.**

(from Deerfoot Tr. - go West on McKnight Blvd. - turn North on Centre St.)

Time: **7:00 PM – 8:30 PM**

Date: **FEB. 15, 2011**      **Wednesday - CALL TO BOOK YOUR SEAT**

**Learn the Basics of Meridian Tapping!**

Cost:

**FREE**

**Exclusively for NEW EFT in Calgary Group members!**



[www.EFTinCalgary.com](http://www.EFTinCalgary.com)

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