



Emotional Freedom Techniques

EFT FOR WEIGHT LOSS & CRAVINGS

EFT IS SIMPLE TO LEARN & EASY TO USE

Meridian Tapping has gained World-wide Attention!

EFT GETS YOU RAPID RESULTS

LOSE WEIGHT EASILY! - EFT EFFECTIVELY SUPPORTS WEIGHT LOSS

- Failed at Weight Loss before? **EFT can transform failure into success.**
- Releasing **Stress & Weight Issues** - experience a happier self-image now
- EFT reduces negative self-talk & **breaks emotional bonds** to comfort foods
- EFT **kills cravings** – get freedom from your favourite ‘junk food’ today!
- EFT can help motivate you - **keep your focus on Weight Loss worthwhile**
- EFT works as a quick **‘reset button’** – change your energy & attitude
- Get great resources here - **maximize ALL your weight loss efforts**

I lost 37 lbs! Using EFT can change your BODY & your LIFE!

Venue: **Thornccliffe Community Centre, (Boardroom)**
5600 Centre Street NW. (from Deerfoot - West on McKnight Blvd. & North on Centre St.)

Time: **10:00 AM – 4:00 PM** **Saturday – 1 Day EFT Workshop**

Date: **FEB. 25, 2012** **Bring your favourite junk food!**

Cost: **\$125.00** (Weekly Tues. night EFT Weight Loss Tapping Support Group available!)
BOOK EARLY & SAVE – Cost only \$99.00 - when Pre-Paid before Feb. 15, 2012.



www.EFTinCalgary.com

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